



Rashtrasant Janardhan Swami Foundation's
RASHTRASANT JANARDHAN SWAMI AYURVED MEDICAL COLLEGE & RESEARCH CENTRE
Tal. Kopergaon, Dist. Ahmednagar, Maharashtra – 423601

RESEARCH & PUBLICATIONS (Teachers)

YEAR: 2013

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	“Yoga an alternative remedy for Backpain”	Dr Deshmukh	Ayurlog National Journal of Research in ayurved Science	National	www.ayurlog.com	2320- 7329	First
2.	“Manasvyadhi aani ekatma yogchikista.”	Dr Deshmukh	Srujan Chikista Sept- Oct 2013	National	Mankarnika.in	---	First
3.	“Gall bladder disease-Cholethiasis”	Dr Deshmukh	Brahma Ayurved Sept-Nov 2013.	National	---	---	First



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YEAR: 2014

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	A Conceptual Study to review Clinical Approach of Adhobhakta Aushadh Sevan Kala.	Dr Gite	Ayurlog 2(4) Oct-Dec 2014 (P: 11-20)	National	www.ayurlog.com	2320-7329	First & Corresponding
2.	Efficacy of ArogyaVardhini Rasa and TapyadiLoha on Hb in 1 st year graduation females.	Dr Gite	IJAHM 4(6) Nov-Dec 2014 (P: 1649-1656)	International	www.interscience.org.uk	2249-5746	First & Corresponding
3.	A Clinical Study to compare efficacy of Metal Containing and Pure Herbal Compounds in Pandu WSR to Hemoglobin.	Dr Gite	IJRAP 5(6) Nov-Dec 2014 (P: 723-730)	International	www.ijrap.net	2229-3566	Corresponding
4	Management of Hypothyroidism by JirnaJwaraChikitsa WSR to AnuktaVyadhi - A Case Study.	Dr Gite	IJAHM 4(6) Nov-Dec 2014 (P: 1661-1666)	International	www.interscience.org.uk	2249-5746	Corresponding



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YEAR: 2015

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	Role of Tulasi Patra [occimum sanctum Linn] Swaras on Kshudra Hikka WSR to Ekala Dravya Chikitsa.	Dr Gite	IJRAP, 6(1) Jan-Feb 2015 (P: 22-26)	Inter national	www.ijrap.net	2229-3566	Corresponding
2.	Comparative study of Devadarvyadi Kwath & Metformin in the management of Type 2 Diabetes Mellitus.	Dr Gite	Rasamruta July 2015 (P: 1-9)	National	www.rasamruta.com	0976-0075	Second
3.	Management of Hypothyroidism by Jirna Jwara Chikitsa WSR to Anukta Vyadhi - A Case Study.	Dr Gite	IJAHM 4(6) Nov-Dec 2014 (P: 1661-1666)	Inter national	www.interscience.org/uk	2249-5746	Corresponding
4.	Chest Radiography and it's Technical Consideration with Basic Anatomy	Dr Gaikwad	JAHM January 2015	National	www.jahm.co.in	2321-1563	First
5.	A case paper variation in renal vasculature	Dr Gaikwad	JAHM March 2015	National	www.jahm.co.in		First
6.	Study of Utpatti of Hruday as per Sushrut Samhita with reference to congenital cardiac anomalies caused by diet and lifestyle	Dr Ghanghav	Ayurvediya Masik, Pune 20/5/03/01ayms Dated 10/03/2015	National	www.tilakayurved.org	0378-6463	First & Corresponding



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YEAR: 2016

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	Aushadh Sevan Kala - described in Samhitas in Ayurveda.	Dr Gite	Ayupharm,5(2) 2016 (P: 27-33)	International	www.ayuphar.com	2278-4772	Second

YEAR: 2017

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	Pranayama the soothing way of stress Management	Dr Deshmukh	AYURLOG Ayurkaushalya 2017 special issue Volume-5	National	www.ayurlog.com	2320-7329	First
2.	Conceptual Study of Hypothyroidism w. s. r. Sharir Kriya	Dr Pawar	International Journal of Ayurveda & Pharmaceutical Chemistry 10/05/2017	International	www.ijapc.com	2350-0204	Second
3.	Conceptual Study of Role of Panchakarma (Detoxification) therapy in Visha Chikitsa (Poisoning Management)	Dr Pawar	International Journal of Ayurveda & Pharmaceutical chemistry 10/07/2017	International	www.ijapc.com	2350-0204	Second



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YEAR: 2018

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	Clinical Study of Brihan Chikitsa in Nirama Avastha of Sandhigatavata WSR to Osteoarthritis.	Dr Gite	IJRAMS 1(1) 2018 (P: 10-18)	International	www.ijrams.com	2582-2748	First & Corresponding
2.	Virechana Karma in the management of Rheumatoid Arthritis (Amavata).	Dr Gite	IJSR 7(9) 2018 (P: 1)	International	www.worldwidejournals.com	2277-8179	Corresponding
3.	Role of Brihan Chikitsa in Nirama Avastha of Sandhigatavata – A Case Study.	Dr Gite	IJRAMS 1(2) 2018 (P: 173-176)	International	www.ijrams.com	2582-2748	First & Corresponding
4.	How to prepare Manuscript for Publication in Scientific Journal?	Dr Gite	IJRAMS 1(1) 2018 (P: 1-4)	International	www.ijrams.com	2582-2748	First
5.	Reference writing Scientific Articles: A Review.	Dr Gite	IJRAMS 1(2) 2018 (P: 91-97)	International	www.ijrams.com	2582-2748	First
6.	Effect of Dog Breathing Exercise on Nishwas Uchhwas Kriya.	Dr Deshmukh	International Ayurvedic Medical Journal	International	www.iamj.in	2320-5091	First
7.	Ayurvedic Mutra Parikshan – a diagnostic method and its clinical importance.	Dr Pawar	European Journal of Biomedical and Pharmaceutical Sciences 20/11/2018	International	www.ejbps.com	2349-8870	Second



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8.	Elaborative Study of the Dosha- dushya in Aetiology of Prameha w.s.r. Kriya Sharir	Dr Pawar	International Journal of Reseach and Review	Inter national	www.ijrrjournal.com/	E-2349-9788: P-2454-2237	Third
9.	Adulteration & Substitution of ASU drugs: A Challenge	Dr Pawar	European Journal of Biomedical and Pharmaceutical Sciences 25/11/2018	Inter national	www.ejbps.com	2349-8870	Third
10.	Ayurvedic mutraparikshan – a diagnostic method and its clinical importance.	Dr Ghanghav	European Journal of Biomedical and Pharmaceutical Sciences	Inter national	www.ejbps.com	2349-8870	Third
11.	Elaborative Study of the Dosha- dushya in Aetiology of Prameha w.s.r. Kriya Sharir	Dr Ghanghav	International Journal of Reseach and Review	Inter national	www.ijrrjournal.com/	E-2349-9788: P-2454-2237	Fourth
12.	Yakrut - Karya Vichar.	Dr Bairagi	Ayurved Pratrika. 5/2/2018	National	www.ayurvedpatrika.com	2278-0726	First



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YEAR: 2019

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	Clinical Study to evaluate role of Amavata Vidhwansana Rasa in Amavata WSR to Rheumatoid Arthritis.	Dr Gite	IJRAMS 2(1) 2019 (P: 6-14)	International	www.ijrams.com	2582-2748	First
2.	Clinical Study to evaluate efficacy of Haritaki (Terminalia Chebula Linn.) in ArochakaVyadhi.	Dr Gite	IJRAMS 2(1) 2019 (P: 32-39)	International	www.ijrams.com	2582-2748	First
3.	Efficacy of Nasya and Shirodhara along with Shaman Chikitsa in the management of Ardhavabhedaka (Migraine): A case study	Dr Gite	AIIRJ, 6(8) August 2019 (P: 4-8)	International	www.aiirjournal.com	2349-638x	1st Author
4.	A Clinical Study to evaluate efficacy of Abhadi Churna in management of VatakaphajaGridhrasi.	Dr Gite	IJRAMS 2(4) 2019 (P: 171-181)	International	www.ijrams.com	2582-2748	First
5.	Research Articles to be published in Medical Journals WSR to various Types of Manuscripts.	Dr Gite	IJRAMS 2(1) 2019 (P: 1-5)	International	www.ijrams.com	2582-2748	First
6.	Peer Review and Publication process of IJRAMS: A Critical Review.	Dr Gite	IJRAMS 2(4) 2019 (P: 153-156)	International	www.ijrams.com	2582-2748	First



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7.	Yama and Niyama are the basic foundations of Ashtang Yoga – A Review Study	Dr Arya	Deerghayu Vol. 35-04, Issue 140	Inter national	www.drphk.blohs.com	0970- 3381	First
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YEAR: 2021

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	A critical review on and Rom Koop as Achala Anga explained by Acharya Sushrut.	Dr Bairagi	WJPR/22058/10/2021	Inter national	www.wjpr.net	2277- 7015	Second
2.	A Critical review of RASA DHATU – Body Fluids.	Dr Bairagi	WJPR/22153/10/2021	Inter national	www.wjpr.net	2277- 7105	First & Corresponding
3.	A critical review on and Rom Koop as Achala Anga explained by Acharya Sushrut.	Dr Sukenkar	WJPR/22058/10/2021	Inter national	www.wjpr.net	2277- 7015	First & Corresponding
4.	A Critical review of RASA DHATU – Body Fluids.	Dr Sukenkar	WJPR/22153/10/2021	Inter national	www.wjpr.net	2277- 7105	Second
5.	Ahar Vidhi Visheshayatan – Present Scenario in Context to Diet Regime	Dr Bairagi	WJPMR/5141/7/3021	Inter national	www.wjpmr.com	2455- 3301	Second
6.	A Review of Vajikaran Drugs and its effect on Mind	Dr Bairagi	WJPMR/5170/7/2021	Inter national	www.wjpmr.com	2455- 3301	First & corresponding



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7.	'Manasupachar'- Psychotherapy in Ayurveda; A Review	Dr Bairagi	IRJHIS2201005	Inter national	www.irjhis.com	2582-8568	Second
8.	Over the Counter Ayurveda; A Critical Review W.S.R. to Diabetes Case Study	Dr Bairagi	IRJHIS2202007	Inter national	www.irjhis.com	2582-8568	First & Corresponding
9.	Ahar Vidhi Visheshayatan – Present Scenario in Context to Diet Regime	Dr Sukenkar	WJPMR/5141/7/3021	Inter national	www.wjpmr.com	2455-3301	First & corresponding
10.	A Review of Vajikaran Drugs and its effect on Mind	Dr Sukenkar	WJPMR/5170/7/2021	Inter national	www.wjpmr.com	2455-3301	Second
11.	'Manasupachar'- Psychotherapy in Ayurveda; A Review	Dr Sukenkar	IRJHIS2201005	Inter national	www.irjhis.com	2582-8568	First & corresponding
12.	Over the Counter Ayurveda; A Critical Review W.S.R. to Diabetes Case Study	Dr Sukenkar	IRJHIS2202007	Inter national	www.irjhis.com	2582-8568	Second
13.	Concept of Common Veg Vidharan & its effect on Health	Dr Chougule	IJIM 2 (10), Oct 2021	Inter national	www.ijim.co.in	2582-7634	First

YEAR: 2022

Sr. No.	Title	Teacher	Publication Details	Type	Website	ISSN	Authors type
1.	Ancient Knowledge of Nadi Pariksha in Ayurveda	Dr Chougule	IJIM 3 (5), May 2022	Inter national	www.ijim.co.in	2582-7634	First



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2.	An Appraisal of relation of Agni & Ahara Parinamkarak Bhava	Dr Chougule	IJRAMS 5(2), Apr-Jun 2022	Inter national	www.ijrams.com	2582-2748	First
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